Welcome back!
Welcome back to another exciting term at Riverstone Public School. I hope that everyone had a relaxing and restful break. I would especially like to welcome all of our new families who have started with us this term. I hope you enjoy the Riverstone Public School experience!

Staffing news for Term 4
It is so lovely to have Ms Marrow back with us after her nasty fall. The students have been very helpful in assisting Ms Marrow around the school and carrying her things to help out. Welcome back Ms Marrow we missed you!

Miss Kaylene in the Preschool will remain on baby leave until the end of the year and has been replaced by Mr Wall for all of this period. We hear that while Miss Kaylene is very tired she is enjoying her new parenting role.

Mrs Koberler is unfortunately not well and is on extended sick leave at the moment. Mrs Plummer has agreed to work on 3/4K the 4 days she is with us (Mon, Tue, Thur, Fri) and on Wednesdays Ms Mors and Mrs Hall will take the class. This means a familiar face is on board and the teaching and learning program will continue as normal until Mrs Koberler returns to school.

Finally Miss Jane will only be working 3 days a week on her Year 5 class until the end of term. Miss Jane will be on class Monday, Tuesday, and Wednesday with Mrs Mathews taking the class on Thursday and Friday. Mrs Mathews did an outstanding job on Kindergarten last term and we welcome her onto Year 5. Miss Jane has completed the years teaching and learning program so we do not anticipate any disruption to the students.

Invitation to Riverstone Public School Parents & Community Members
Riverstone Public School is currently planning for the 2015 school year and beyond. We need help from the community to ensure everyone’s voice is heard and to assist us in developing a common vision for the school.

Please join us for a working lunch on Monday 20 October from 1.30pm - 3pm in the school library.

Please contact the office on 96271517 or email riverstone-p.school@det.nsw.edu.au to advise if you will be attending the event for catering purposes by Friday 17 October.

Road Safety
A timely reminder about road safety for our students this week. Tragically a student from Schofields Public School...
was accidentally struck and killed while riding his bike on Monday evening. Please ensure that if your child is going to be riding to school or out on the road that they are very aware of the road safety rules and wear that all important helmet.

2015 Kindergarten Orientation
On Monday 8 December the school will be holding our annual Kindergarten Orientation session for students enrolling into Kindergarten in 2015.

This session will involve students and parents in different types of activities to assist in the understanding of schooling in the 21st century as well as experiencing school life and programs at Riverstone.

If you know a family who are planning on enrolling and are yet to do so, please let them know that they need to contact us as soon as possible to collect an enrolment package from the office.

I look forward to meeting all our “new” kindergarten students and their parents during Mini Kindy and on Orientation day.

School Uniform
Riverstone is well known for having students that wear full school uniform on a daily basis and our school takes great pride in this.

Please be reminded that all students are expected to wear their full summer uniform, including the school’s hat. School approved uniforms can be purchased from our uniform shop. The Uniform Shop is located in the cottage at the front of the school and is open fortnightly on a Friday morning.

It would be greatly appreciated if parents could ensure that your child/children are in full school uniform when coming to school each day.

Fines Apply For Queueing in Kiss and Drop Zones
Please be reminded that the Blacktown Council is enforcing fines for motorists who queue in school drop off and pick up areas. Parents are reminded not to queue in these areas if there are no places in the kiss and drop bays and to do a loop if necessary. It is also advisable to arrive at around 3.00pm to avoid queuing. Fines and loss of demerit points do apply.

Payments For Events
As you can appreciate it is very difficult for the school to process money for excursions and events on the day the activity is occurring. Cut off dates will now be enforced unless prior arrangements have been made. Where possible we do try to give as much notice as possible for events and if finances are a concern I am always willing to consider requests for student assistance.

Notes will have a return date on them so you are aware when notes and money are due by. We do apologise for any inconvenience this causes, however for administrative purposes we can no longer provide this same day payment service to the community.

End of Year Events
As the end of the year is fast approaching it is important that parents keep an eye out in the newsletter and on Facebook for updates regarding dates and times of events. Please don’t rely on dates and times of past events as we have reviewed some of our end of year activities and they may not be scheduled the same way they have been in previous years.

Emma Thompson
Principal

P&C News
Meeting Date
The next P&C Meeting Date is Wednesday 12 November at 1.30pm in the Library. Please note that to be able to vote at the AGM which will be on Wednesday 3 December, you need to have attended at least one general meeting this year and to have paid a very small membership fee. We encourage you to come along to the next meeting in November and show your support for your school.

5 Cent Day
Start collecting your 5 cent pieces and bring them in to class by Wednesday 12 November. The class with the highest amount of money raised (per child) will win a pizza party for your class! Good Luck!

Halloween Disco
We will be having a school disco on Friday 31 October. There will be 2 sessions (P-2 and 3-6). This will also be a Mufti Day. A note with more details will be sent home shortly.

Uniform Shop
Please note the uniform shop open dates on the front page of this Newsletter. If anyone can spare some time on these dates from 8.45am till approximately 9.45am, it would be very much appreciated. Please leave your contact details at the office.

Thank you for your support,
The P&C Committee

Riverstone Public School 2015
As planning is beginning for the 2015 school year; we need to have some idea if any of our current students will not be returning to RPS in 2015. If you are aware that your child will not be coming back to us next year could you please contact the office and let us know.

Swim School
Swim School starts next Monday 20 October, please remind your child/children to bring their towel, water bottle, sunscreen and underwear if they are wearing their swimmers to school.

Stewart House
This week we will be sending home the second Stewart House bag for this year. Stewart House provides care and services for hundreds of children every year.

Please support this worthy organisation if you can by donating clothing/linen that your family no longer uses.

Bags need to be returned to school by Monday 3 November 2014.
Thank you.
Invitation to Riverstone Public School Parents & Community Members

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The Year that was …..

We have had a fantastic year in the Preschool! Our Munch and Move Program has been very successful with both classes developing an understanding around the importance of healthy eating and movement. The children thoroughly enjoyed participating in the school’s Gymnastic program and also enjoyed events such as the Commonwealth Games, Athletics Carnival, Harmony Day and NAIDOC celebrations.

A stand out for the Preschool this year was our Grandparents Day and Education Week. All the children really enjoyed being given the opportunity to share their Preschool experience with their Grandparents and/or parents. They were also extremely proud of their tapping stick performance.

The children have also learnt all about sustainability and were given the opportunity to construct and help maintain a worm farm. Exploring sustainability then led into the examination of recyclable materials, which started our two major projects. The Smarties used recyclable materials to build their rockets, whilst the Jellybean’s decided to focus on space exploration and create their own individual rockets and a collective mural. Both these projects were based on the children’s interests and had strong links to the Early Years Learning Framework.

We wish all the children the best of luck in transitioning into Kindergarten. 

From all the staff at Riverstone Preschool :)

Elizabeth Street, Riverstone NSW 2765  T: 9627 1517  F: 9838 1131  E: riverstone-p.school@det.nsw.edu.au
1-2W have had fun experimenting and building using various materials in Science. They have tested out waterproof materials, tested water gauges and designed and constructed their own machines.
**Nutrition Snippet**

**The simplest way**

...to food shop on a budget

Here are our 5 top tips for saving money at the checkout:

1. Create a weekly menu plan
2. Write a shopping list according to the menu plan + stick to it!
3. Compare unit pricing - often you will be able to save a lot of money this way
4. Buy fruit and vegetables that are in season - this can save you up to 35% than other times of the year - or buy canned/frozen where fresh is not available
5. Limit your purchases of processed snacks/meal - these are often unhealthy and expensive

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

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**Nutrition Snippet**

**The simplest way**

...to add fruit and veg to brekkxy

Try our winning breakfast ideas at home:

- Serve your toast with a sliced avocado and/or tomato
- Create a breakfast pizza with a whole grain muffin, mashed pumpkin, chopped vegies and melted cheese
- Blend bananas and frozen raspberries with a handful of baby spinach, add a cup of reduced fat milk, honey and unprocessed bran for a fruit smoothie
- Simply slice some banana or strawberries onto your regular breakfast cereal

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

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**Preserving our past protecting your future**

The Museum Of Fire stands in honour to the dedication and courage of those that answered the call to protect our lives and community daily.

Breathe in the atmosphere and be amazed by the hard work endured by some of our bravest.

From buckets to the modern day, a world class collection that will stir your memories and leave you in awe and wonder.

Explore the fascinating, exciting world of fire and firefighting.

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**Museum Of Fire**

For every child, large or small, whoever dreamed of being a Firefighter

Junior Firefighters

Training Area

Fire Safety Activities

Fire Engine Rides

Computer Games

Puzzles

Museum Of Fire

1 Museum Drive, Penrith

OPEN 7 DAYS 9:30 - 4:30

(02) 4731 3000

www.museumoffire.com.au

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**Educating our families**

Role Play, Films, Demonstrations and Tours designed to ensure a valuable and enjoyable visit.

Catering for all Key Learning Areas

Support material for pre and post-visit activities. Fire School, Playgroup, Infant and Primary School, High School, Heritage Studies, Busfire Safety, Community Group

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Elizabeth Street, Riverstone NSW 2765 T: 9627 1517 F: 9838 1131 E: riverstone-p.school@det.nsw.edu.au
Saturday 25th to Sunday 26th October 2014
9:30am - 4pm
Adults $5 • Concession $4 • Children $2

Doll, Bear & Craft Show

26th Annual

FEATURING:
- Unique Handmade Products
- Dolls and Accessories
- Wooden Toys and Furniture
- Doll’s Houses and Supplies
- Teddy Bear and Making Supplies
- Aromatherapy - Jewellery, Craft

For more information call 4731 3000
or visit www.museumoffire.com.au

NgalluWal
Free Playgroup
Ph 9628 8670

FREE AFTERNOON TEA PROVIDED

When: Every Tuesday afternoon during school terms 1.30-3pm
Where: The Cottage at Riverstone Public School,
Elizabeth St, Riverstone

This playgroup supports all children, including those with additional needs and/or developmental concerns. The playgroup is staffed by an Early Childhood team, and staff work to provide holistic support based on the individual needs of the children.

Aboriginal Child and Family Centre, Doonside

For more information
ask Karen on 9628 8670
or yawarraccc@يلینet.net.au

Breakfast Club

We want to help the kids of Riverstone Public School increase their ability to learn by providing a free breakfast for every child each Thursday morning! Volunteers welcome to come along and assist our worker.

Thursdays 8-9am
9th October to 11th December
Riverstone Public School

We encourage the community to get all children in the habit of eating a nutritious breakfast each morning and they’ll be on their way to a better school day!

Wesley Family Centre, Riverstone
Contact: Simone 9627 3511

Elizabeth Street, Riverstone NSW 2765 T: 9627 1517 F: 9838 1131 E: riverstone-p.school@det.nsw.edu.au
CONGRATULATIONS ON YOUR NEW BABY!

Riverstone Family Centre work with families with children aged between 0-8 years living in Riverstone, Schofields, Marsden Park and Vineyard. We promote wellbeing, health, education and offer opportunities for you to connect with your local community through various FREE groups, initiatives and playgroups.

To congratulate you on your new arrival we would like to offer you a FREE BABY BUNDLE containing quality baby products and information for you and your family.

To collect your gift, please contact us below OR drop into the centre located below. Our centre is open Monday-Thursday 9-5pm.

Wesley Family Centre, Riverstone 9627 3511
Riverstone Public School, Elizabeth Street Riverstone
www.facebook.com/riverstonefc

"It takes a village to raise a child"

Moves to Motivate for Mums and Bubs

Looking to get out of the house, socialise and get fit?

These 45 minutes group exercise classes are designed to be a fun, friendly workout for mums or parent/carers looking to lose kilos, tone and strengthen their bodies inside and out for functional everyday movement and boosting energy levels! This group is open to all parent/carers with children in care or at school. Children aged 0-4 years can join their parent/carer at each session.

Mondays 10-11.30am
13th October to 8th December
Wesley Family Centre, Riverstone
Riverstone Public School, Elizabeth St Riverstone

Prams are encouraged to be brought along as these will be part of your training, yet no two classes will be the same! Classes are conducted by a nationally certified Personal Trainer who, being a mum of two also understands that sometimes you may need to stop along the way to settle bubs. Please ensure you wear comfortable clothing, a hat, closed in sturdy shoes and bring along a towel and water.

BOOKINGS ESSENTIAL! PLEASE CALL BELOW TO REGISTER

Wesley Family Centre, Riverstone
Contact Simone 9627 3511
Cost: Gold Coin donation

"It takes a village to raise a child"

Kids Tumble Time

A partnership with Riverstone Uniting Church

Movement, play and active exploration are essential to children’s development. Join us for a friendly fun morning where you and your child will have lots of interactive fun!

Wednesdays 10-11.30am
15th October to 3rd December
Uniting Church, Garfield Rd Riverstone

Morning Tea Provided. Cost: $3/Family

Wesley Family Centre, Riverstone
Contact: Simone 9627 3511
Riverstone Uniting Church
Contact: Althea 9627 2658
www.facebook.com/RiverstoneFC

"It takes a village to raise a child"

123 MAGIC Parenting Program

A FREE 4 week program run for parent/carers of children aged between 0-8 years including a free lunch and free childcare.

This group is open to ALL parent/carers in the local community and will:

- Help enhance your skills as a parent
- Provide ways to further strengthen your relationship with your child
- Suggest helpful strategies to manage behaviour and change in families

For more information please contact our office

Wesley Family Centre, Riverstone
Contact Simone or Katy 9627 3511